

Cincinnati Chili

You need to make this the day before you plan to eat it.

2 pounds lean ground beef
2 onions, finely chopped
1 quart water
4 cloves garlic, minced
1 teas. Cumin
2 teas. Cinnamon
1½ teas. Ground allspice
1½ teas. Ground cloves

1½ teas. Salt
2 teas. Black pepper
½ teas. Cayenne pepper
2 T. cider vinegar
1 T. Worcestershire sauce
2 bay leaves
1 15oz. Can tomato sauce
½ oz unsweetened baking
Chocolate

Mix all ingredients together and bring to a boil. Simmer 3 hours or more.
Cool and refrigerate over night. Remove fat that has formed on top and
reheat.

Serve over spaghetti and topped with grated cheddar cheese.

2 Way : top with beans

3 Way: top with beans and chopped onions

Or

Serve over a hot dog and top with cheese - a Cheese Coney